

Multi-Functional All-in-One Versatile Unit

UNIVERSAL TRAINER

MX1162

1. Multi-Grip Pull-Up Bar
2. J Hooks Attachment
3. Inverted Leg Press Plate Attachment
4. Smith Machine
5. Lat Pull-Down Seat
6. Olympic Plate Storage
7. Sliding Pulley Arms
8. Accessories Hooks
9. Dual Pulley System
10. Safety Spotter Attachment
11. Dip Bar Attachment
12. Land Mine
13. Band Pegs
14. Bar Storage
15. Number Column



Our BodyKore Universal Trainer is an all-in-one home gym. This essential machine can provide your home gym with one piece that allows you to achieve multiple exercises, movements & results. This versatile unit features a dual adjustable pulley system, smith machine, multi-grip pull up bars, weight pegs and bar storage, Inverted leg press add on & so much more. The Universal Trainer is constructed of heavy gauge rolled steel tubing, high quality cables and pulleys, 2x 220lb Steel Stack Weight Plate sets and a counter balanced bar for the Smith Machine.

By the limitless exercise options and movements, this machine pushes you to achieve your fitness goals and see real results. The high-quality cables and pulleys allow you to complete your exercises smoothly. The counter balanced bar for the Smith Machine, lets you accurately control how much weight you want to train with. This weight system gives you a wide range of weight choices for diverse sets of exercises. All your workouts can be done with ease and in the comfort of your home by this one machine. This machine is commercial grade and rated to hold over 1000lbs.



Dimensions
91" x 62" x 89"

Weight
1470lbs

Weight Stack
220lbs *2; Upgradeable to 340lbs.

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Warranty

STRENGTH WARRANTY (NORTH AMERICA ONLY)

FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS



Multi-Functional All-in-One Versatile Unit



Dual Adjustable Pulley System



Smith System



Multi-Grip Pull Up Bars



Half Squat Cage Function (Bar Hooks)



Half Squat Cage Function (Bar Spotters)



Lat Pull Down Seat Add-On



Inverted Leg Press Add-On



Dip Bar Attachment



Accessories Storage



Optional: Jammer Arms



Optional: Storage Rack



Optional: Low Row Foot Plate



Optional: Leg Extension Seat