

## Leg Press

The Nautilus Inspiration Leg Press is meticulously designed to foster powerful lower body strength and well-defined legs. With its integrated beveled lower edge, the Inspiration Leg Press seamlessly integrates a leg press and calf raise, creating an all-in-one lower body strength training system. From the optimal pre-stretch position users will operate the leg press with a friction-free movement allowing them to key in on the mind muscle connection. The Inspiration Leg Press is the quintessential piece to solidify a strength circuit worthy of a proper leg day.



PRODUCT DIMENSIONS	
Width	54 in (137 cm)
Length	74 in (187 cm)
Height	64 in (163 cm)
Overall Weight	1120 lb (508 kg)
ADJUSTMENTS & MOVEMENTS	
User defined range of motion	Fixed path of motion with urethane seat rollers for smooth, quiet operation
Assisted adjustments	Gas assist shock, wrap around handles on seat adjustments
Unilateral or bilateral movement	Unilateral and bilateral dependent can be performed (one or two leg movements)
Converging or diverging movements	Linear motion with user pre-stretch adjustment for optimal starting position
Color coded pivot points and adjustments	Yes
Pulley ratio	1:1
FRAME SPECIFICATIONS & CABLE INFORMATION	
Frame & upholstery color	Black
Frame finish	Electrostatic Powder coating
Customizable paint, upholstery, and branding options	Yes, with additional fees and extended lead times
Cable vs. belt driven transmission	Cable
Bolt down locations defined	Yes
Integrated leveling system	Yes
Hardware type	Hex / Button Head
Tubbing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Static placards	Yes, simple and intuitive placard
Multi-language placards options available	Large and graphical, limited text to eliminate translation requirements
Safety catch & stops	Yes, end range of motion safety stop
Water bottle holders	Yes, integrated to weight stack tower, eye level
Phone holder	Yes, adjustable in size and position
Grip specifications	Rubber, large grips for pushing, smaller grips for pulling
Foot platform	Extra-large non-slip rubber platform for stability
Contoured pads	Yes, contoured back pads with lumbar support
WEIGHT STACK SPECIFICATIONS	
Total stack weight	400 lb (181 kg)
Incremental weight system	10 lb increment, 5 lb add on
Lock N Load® Technology	Our Patented Lock N Load weight stack system uses intuitive, color-coded switches to safely engage weights with a simple flick—no pins to lose, no maintenance required
Weight stack shroud specifications	Uniform size, standard steel / customized aluminum materials
SKUS	
IPLP5	