

Pec Fly / Rear Deltoid

The Nautilus Inspiration Pec Fly/Rear Deltoid is a dual machine targeting the chest and rear delts, with unilateral and bilateral movements and supinated and pronated grip options. Multiple pre-stretch settings accommodate different users for a tailored workout. The Pec Fly delivers focused chest activation through a full range of motion, while the Rear Deltoid function targets the posterior delts and upper back. This dual selectorized unit enables efficient supersets and is a seamless addition to any strength circuit.



PRODUCT DIMENSIONS	
Width	58 in (147 cm)
Length	46 in (117 cm)
Height	80 in (203 cm)
Overall Weight	706 lb (320 kg)
ADJUSTMENTS & MOVEMENTS	
User defined range of motion	Fixed path of motion with dual exercise option for Pectoral Fly and Rear Deltoids and standard supinated and pronated grip options
Assisted adjustments	Wrap-around gas assist seat adjust
Unilateral or bilateral movement	Unilateral and Bilateral dependent can be performed (one or two arm movements)
Color coded pivot points and adjustments	Yes
Pulley ratio	1:1
FRAME SPECIFICATIONS & CABLE INFORMATION	
Frame & upholstery color	Black
Frame finish	Electrostatic Powder coating
Customizable paint, upholstery, and branding options	Yes, with additional fees and extended lead times
Cable vs. belt driven transmission	Cable
Bolt down locations defined	Yes
Integrated leveling system	Yes
Hardware type	Hex / Button Head
Tubing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Static placards	Yes, simple and intuitive placard
Multi-language placards options available	Large and graphical, limited text to eliminate translation requirements
Safety catch & stops	Yes, end range of motion safety stop
Water bottle holders	Yes, integrated to weight stack tower, eye level
Phone holder	Yes, adjustable in size and position
Grip specifications	Rubber, large grips for pushing, smaller grips for pulling
Contoured pads	Yes
Belt stabilization system	Yes, heavy-duty seat belt restraint system to accommodate all users
WEIGHT STACK SPECIFICATIONS	
Total stack weight	240 lb (109 kg)
Incremental weight system	10 lb increment, 5 lb add on
Weight stack tower height	64in (163 cm)
Lock N Load® Technology	Our Patented Lock N Load weight stack system uses intuitive, color-coded switches to safely engage weights with a simple flick—no pins to lose, no maintenance required
Weight stack shroud specifications	Uniform size, standard steel / customized aluminum materials
SKUS	
IPPF5	