

## Rotary Torso

The Nautilus Inspiration Rotary Torso isolates and fortifies oblique muscles, enhancing spinal stability through its full range of motion. The Inspiration Rotary Torso, boasting a contoured seat, cushioned foam rollers, and a fixed motion path, guarantees the utmost comfort and precision in every movement. The spring-assisted adjustable seat, ranging from -60deg to +60deg, accommodates all users. The Rotary Torso is an unrivaled addition to any core circuit, delivering balanced and focused strength training.



PRODUCT DIMENSIONS	
Width	56 in (147 cm)
Length	34 in (86 cm)
Height	64 in (163 cm)
Overall Weight	560 lb (254 kg)
ADJUSTMENTS & MOVEMENTS	
User defined range of motion	Fixed path of motion with the axis of rotation highlighted for precise user positioning. Range of motion adjustments for exercise variation
Assisted adjustments	Spring-assisted adjustable seat bottom for adjusting range of motion -60deg to +60deg to accommodate all users
Color coded pivot points and adjustments	Yes
Pulley ratio	1:1
FRAME SPECIFICATIONS & CABLE INFORMATION	
Frame & upholstery color	Black
Frame finish	Electrostatic Powder coating
Customizable paint, upholstery, and branding options available	Yes, with additional fees and extended lead times
Cable vs. belt driven transmission	Cable
Bolt down locations defined	Yes
Integrated leveling system	Yes
Hardware type	Hex / Button Head
Tubbing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Static placards	Yes, simple and intuitive placard
Multi-language placards options available	Large and graphical, limited text to eliminate translation requirements
Safety catch & stops	Yes, end range of motion safety stop
Water bottle holders	Yes, integrated to weight stack tower, eye level
Phone holder	Yes, adjustable in size and position
Grip specifications	Rubber, large grips for pushing, smaller grips for pulling
Contoured pads	Yes, contoured seat bottom and back pads for comfortable extension motion. Plus, cushioned foam rollers for thighs and arm pads
WEIGHT STACK SPECIFICATIONS	
Total stack weight	200 lb (91 kg)
Incremental weight system	10 lb increment, 5 lb add on
Weight stack tower height	64in (163 cm)
Lock N Load® Technology	Our Patented Lock N Load weight stack system uses intuitive, color-coded switches to safely engage weights with a simple flick—no pins to lose, no maintenance required
Weight stack shroud specifications	Uniform size, standard steel / customized aluminum materials
SKUS	
IPRT5	